



## Magellan Health Opens a Toll-Free Crisis Line to Provide Free Counseling and Referral Services to Residents Impacted by the Shooting in Thousand Oaks, California

November 8, 2018

*Counseling and resources available free-of-charge to local community*

SCOTTSDALE, Ariz.--(BUSINESS WIRE)--Nov. 8, 2018-- [Magellan Health, Inc.](#) (NASDAQ: MGLN) today announced that it will open a free 24-hour crisis line for any individuals affected by the shooting that occurred at the Borderline Bar & Grill in Thousand Oaks, California.

**The toll-free number to access free, confidential counseling services is 1-800-327-7451.**

Magellan will provide free, confidential counseling services and other resources, such as tip sheets about trauma and how to process it, resiliency after such situations, and how to talk about these situations with children who may be following the news in the media. These resources are offered free-of-charge to the community to assist individuals as they work to cope with the feelings of grief, guilt, fear, sadness, anger and depression related to these kinds of incidents.

Tip sheets with resources specific to coping with grief and recovery from traumatic events can be found on Magellan Health's website.

- [Coping with grief](#)
- [Recognizing and reducing anxiety in times of crisis](#)
- [Responding to children and youth after a traumatic event](#)
- [Trauma in the community](#)
- [Impacts of a traumatic event](#)

[Magellan Health, Inc.](#), is a leader in managing complex population health, concentrating on all areas across healthcare and pharmaceutical management. Specializing in healthcare services, including behavioral health counseling and support, to millions of individuals across the country, Magellan opens its crisis lines during events such as this to help support the local community as it responds, reacts and rebuilds.

(MGLN-CSH)

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